

Clicks

A Frantic Assembly Style Drama Exercise

This exercise is really useful for developing focus and for establishing a shared tempo.

Arrange the group into a large circle.

Send a finger click around the circle from person to person.

Each person clicks their fingers twice: one click to receive, one to pass on.

Establish a tempo and ask the group to stick to it, not speeding up or slowing down.

Once you have achieved this, invite the group to think about why a shared rhythm might be useful to the Company.

Scatter the group and ask them to remember to/from whom they sent/received the click in the circle.

Play with sending the click around the room, using the established pattern.

Extension: when anyone receives the click, they must use it to tell a story – they are the only person who can move and can keep hold of it for as long as they need to, before sending it on. Ensure that the transitions between one person moving/stopping are really exact and happen simultaneously with the clicks.

Ask the group to consider what skills they are practising that might be helpful if they are creating a new piece of theatre.

